Dear Wildcat Parents and Athletes,

In response to new state laws, new CIF rules and most importantly, in order to help keep our student athletes safe, the Vacaville Unified School District will now be requiring each student athlete to undergo a concussion baseline test before they can participate in any athletic (including Cheer and Drill) try out or practice. VUSD will cover the cost of testing for all student athletes—there is no charge to you.

Neurocognitive baseline tests are used to assess an athlete’s cognitive function (including immediate and delayed memory skills, reaction time, and motor speed). Results from baseline tests (or pre-injury tests) can be used and compared to a similar exam conducted by a health care professional during the season if an athlete has a suspected concussion. The testing will be facilitated by an athletic trainer that the District has contracted with and by a company called ImPACT. ImPACT baseline testing takes approximately 45 minutes on a computer to complete. Many school districts, colleges and professional teams are also utilizing ImPACT baseline testing to help keep their athletes safe.

We would like to invite you to a parent/coach/athlete educational/information meeting on ImPACT Baseline testing that will take place on Thursday, August 6th at 7:30 PM in the Frank Molina Gym at Will C. Wood High School. At this 30-45 minute meeting you will hear information about the tests and the steps our schools are taking to help keep our students safe.

We will be conducting our ImPACT baseline testing on Friday, August 7th, for all of our fall athletes who wish to try out. Student athletes need to report to the WCW library according to the following schedule:

- 11:00 AM  Varsity Football
- 11:45 AM  Frosh/JV Football
- 12:30 PM  Volleyball (all levels)
- 1:15 PM   Boys Soccer/Girls Golf
- 2:00 PM   Cross Country/Girls Tennis
- 2:45 PM   Cheerleaders

There will be a make-up session on Monday, August 10th at 1:00 PM in room L-7 for any student athlete who cannot attend on Friday, Aug. 7th, however please note that this is also the first day of practice and students cannot participate/try out until they have tested.

Head Injuries are on the rise for athletes throughout the state and our country. It is important to take the necessary steps to help keep our athletes safe. We look forward to seeing you at our educational/information night if you have any questions. If you’re curious about the baseline test, you can take a demo by using the following link: https://www.impacttestonline.com/impacttestdemo/

Signed,

Cliff De Graw
Principal, Will C. Wood High School